

JRMC Monthly Newsletter



Jewish Renaissance Medical Center, 275 Hobart Street, Perth Amboy, NJ 08861

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THE JRMC Supports Cancer Survivors in Our Area

The Jewish Renaissance Medical Center hosted the 2010 North/Central Jersey Casting for Recovery (CFR) Annual Retreat from August 27-29 at the Molly Pitcher Inn/Oyster Point Hotel in Red Bank, New Jersey. CFR is a national organization that supports women recovering from breast cancer through a program that offers muscle and tissue strengthening through fly-fishing, counseling and medical information, all in beautiful outdoor settings which also cultivates camaraderie among the participants. Lori Simon, CFR Executive Director, states, "We are extremely grateful for the support that JRMC will be extending to help us in our mission to serve breast cancer survivors in New Jersey." Retreat participants have been selected from the service area of the Jewish Renaissance Medical Center as well as surrounding Northern and Central Jersey communities. The women attend the two and a half day retreat at no cost. Fly-fishing may appear to be the topic of the weekend, but helping survivors is the underlying focus. Casting for Recovery had participated in Jewish Renaissance's Women's Health Week event, where CRF volunteers and staff gave casting demonstration's in the medical center's parking lot. Retreat Coordinator and past participant Francine Vince describes her experience with CFR as follows: "I'm a social worker by trade. When I was affected by breast cancer, I knew I would have to turn it into something positive. Plus, I had always loved the outdoors. So CFR became the marriage of all that: being out in nature, helping others and my own recovery all in one." To learn more, visit: <http://www.castingforrecovery.org>



Above: Dr. Alan Goldsmith with a NJ survivor. Below: CFR believes in fish therapy.



Message from our President, Alan Goldsmith

At this time, we are making progress towards opening new school-based healthcare center sites in the Newark area. We are also close to placing the order for a new mobile unit that would include medical services, *plus* dental services, all in one vehicle. Our goals with both of these endeavors is to continually provide greater access and high quality healthcare to more children in Newark. In Perth Amboy, at the JRMC, we are close to having major construction completed in our lower level. This space has been completed in order to house our residents and our "Specialty Center." At this time, we are considering having a podiatrist housed in this center on the lower level.

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Recent Employees Of The Month

Here is a summary about some of our recent JRMC Employees of the Month.

Greg Cross, (top photo left) Facilities, was recently JRMC Employee of the month. Here is some background information about him: he grew up in Edison, NJ, raised by his Grandmother and Grandfather. He attended JP Stevens school and then entered the Army. In his spare time, he is an avid sports fan, watching baseball, football, basketball, boxing and track.

When asked, what inspired him to come to the JRMC, he replied that it was the people already here and our motto of "One People, One Heart". "I believe in our motto—you have to also have a lot of

heart to help the patients here. You never know - one day, it might be you as the one who needs the help. It could happen." He also likes the fact that we perform work in all countries. He ended by saying "I'm hard-working and reliable. I'm there for people who need help."

Dr. Amarjit Saini was employee of the month in August (center photo). Born in India, she graduated medical school there and completed her post graduate work in Internal Medicine at Raritan Bay Medical Ctr. She came to us when RBMC's clinic moved to JRMC. She is the employee physician both here and at RBMC and has a private practice. She enjoys gardening in her free time. She likes her co-workers

and the whole environment at JRMC. She loves out patient medicine and meeting new patients.

And here are thoughts from Erica Santos—Buchanan, September EOM (top photo right). "Thank you. It has been a great honor to be selected as September's Employee of the Month for JRMC. I enjoy the work that I do and look forward to meeting and overcoming new challenges everyday. Gracias y espero seguir ofreciendo lo mejor de mi. (*Thanks and I look forward to giving the best of me.*)"

Remember, all employees can nominate their colleagues by using the form posted on <https://my.checkpoint.com>.

Medical News

By Sue Moskal, Director of Nursing, smoskal@jrmc.us

Regarding personnel, we heartily welcome back Emma Nieves, full-time Medical Assistant. Also, our new residents are settling in. For patients, we have expanded the amount and types of new educational materials that are placed in the waiting rooms. For example, we now have topics such as Exercise and Staying

Active and How to Make Healthy-Choices. In the area of programming, we have started a vaccination campaign under the American Recovery and Reinvestment Act. We continue to offer free blood pressure screenings every Thursday at 275 Hobart Street, from 11 am to 12 pm. Our monthly Diabetes Class continues in the Community Room at 10:00 am on the following dates: Thursday, Oct. 21

and Thursday, Nov. 18. Looking ahead, flu vaccine should be arriving the first week of October and the dates for the vaccinations will follow.



OB/GYN and Pediatrics News

By Sue Moskal & Linda Peloquin, OB RN

Pediatrics experienced a large increase in physicals performed this past month. We are welcoming a new F/T MA Maritza Herrera and a new P/T pediatric nurse practitioner, Shacarah Fordjour. Soledad Santiago's status also changed to per diem. PEDS is an active, ongoing participant in the PCORE Project (Pediatric Council on Research & Education) in the

area of evaluating adolescent immunizations. We are also working with the Rutgers Dept. of Nutritional Science on a calcium initiative and Maria Skennion, Nutritionist on staff, is involved in this effort. Finally, we are initiating referrals to Central Jersey Maternal and Child Health Consortium for Early Intervention Support.

Linda Peloquin reports from Women's Wellness: In our area, we are on track to

increase obstetric patients from approximately 319 in 2009 to over 475 in 2010. The following programs have also been initiated: Baby Basics, Comenzando Bien (prenatal education), Middlesex County Cancer Education and Early Detection, Gardasil for women aged 19-26, ARCH (Access and Resources in Contraceptive Health) and NST's. The JRMC Baby Shower was a big hit with new moms who received great baby supplies.

Dental Department Update

By Dr. Tonya Cook, Chief Dental Officer,
tcook@jrmc.us

Here are the recent Departmental highlights for Dental: Our Mobile Unit will begin its second year in the Perth Amboy Schools in October, increasing our reach by two schools. The Mobile Unit now includes Barringer High School and Central High School in Newark on its rotation schedule. Dental services for the Shabazz High School are coming soon. The Dental Van was also very popular out in the local community at the Perth Amboy Waterfront during Family Day in August.



NEWS FROM THE BOYS and GIRLS CLUBS of Perth Amboy/Carteret

Here is summary of developments from Jorge Cruz, Development and Planning Director

New Club in Carteret - As most of you know, we were approved for a five-year, \$2.5 million grant from the 21st Century Community Learning Centers program, NJ Department of Education. This funding enables the opening of the "Rambler Academy Boys & Girls Club", a compre-

hensive, school-based Club serving 225 high school-aged youth and operating out of Carteret High School in partnership with Carteret Public Schools and Rutgers University. Tashilee Vazquez - formerly with JRF - has been hired as our Program Director and has immediately hit the ground running to get the Club up and operational by Oct. 15th. As you know, Al-Nisa Mention has been promoted as the Program Assistant and will now work

out of the Carteret location. thanks to the leadership of Ken Orchard and the rest of the 2010 "It Just Takes One" campaign committee (and of course, the contributions and involvement of our full Board!), it looks like we will surpass our \$30K goal. In fact, with still some contributions coming in, we are approaching **\$40,000!!** Wow!! This is more than twice the \$16K we raised last year. —CONTINUED on Page 7

JRMC Human Resources Happenings

By Jaime Rivello, Human Resources Director, jrivello@jrmc.us

New hires for October were Jaimini Patel-CNM/ OB/GYN Department ; Dr. Olukoya, MD/OB/GYN, and Dr. Welsh, Dentist for our Dental Department. Please make them feel welcome when they arrive!

The Employee Of the Month for October is Maria Fuller. Maria will be featured in

next month's newsletter. The September EOM was Erica Santos-Buchanan. In the area of meetings and trainings, our all staff meeting has been changed from 10/08 to 10/22/10. The company Stericycle is to provide OSHA training and mock inspections. The Customer Service Post Test for Registration Department will be coming 2nd week in October. Customer Service training for Medical Assistants will begin in November and the final se-

ries of Team Dynamics training was held on 09/30/2010 for the Dental Department. Regarding benefits, New Colonial Life deductions will take effect 10/08 pay period. The AXA Equitable Rep (403B) will meet with newly eligible interested employees - please contact the HR department to set up dates and times. Finally, please also submit ideas for upcoming JRMC social events to HR Department.

Newark School Based Programs

By Cynthia Gonzalez, School-Based Programs Administrator, cgonzalez2@jrmc.us

We received funding to open up 5 additional sites and expand our services in Newark. Central High School has opened up dental services through the mobile unit every Friday. We have received our permit and are working on our licensing. Outreach is done weekly at both Central High School as well as at the 18th Avenue School across from it to build up a patient base. We have attended all back to school

nights for our sites as well as additional schools that have extended an invitation to us totaling 7 back to school nights in September. We have a proposal in to add additional services to our sites in relation to coordinating non clinical social service needs. We were featured in a social marketing book mark, and we have a story coming out on the Carver and Datyon sites hosted by Newark Now- Free Press. The address, phone number and services for all Newark sites can be found on the back cover of this newsletter.
Image to the Right: The Bookmark



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- Newark**

Jewish Renaissance Medical Center

| | |
|--|--|
| Barringer High School 90 Parker Street 973.497.6773 | Quinlan Street School 21 Quinlan Street 973.424.4329 |
| George Washington Carver 333 Clinton Place 973.705.9800 | Dayton Street School 226 Dayton Street 973.733.8781 |
| Malcolm X Shabazz High School 80 Johnson Avenue 973.623.8582 | |

Newark Community Health Centers, Inc.
741 Broadway
973.483.1399 x1327

**Newark Department of Child & Family Well-Being
Immunization/PROJECT VACCINATE**
110 William Street
973.733.7580

- Irvington**

Newark Community Health Centers, Inc.
Irvington Community Health Center
1150 Springfield Avenue
973.395.6292 x1605

- East Orange**

East Orange Health Department
143 New Street
973.266.6463

Newark Community Health Centers, Inc.
East Orange Primary Care Center
444 Williams Street
973.676.1900 x1016

- Orange**

Newark Community Health Centers, Inc.
Orange Community Health Center
37 North Day Street
973.995.2611 x1607

Orange Health Department
29 North Day Street
973.296.4080



Facilities and Safety Info

By Denis Rawls, Facilities Director, drawls@jrmc.us

As you are aware, The Facilities Team members are active participants in the continual upkeep of the medical center. Our department is engaged in an overall building spruce up consisting of interior painting of high traffic areas, carpet and floor cleaning, windows, sanitiz-

ing, and exterior grounds cleaning and painting to aid in the maintenance and improvement of the site. Additionally, we are involved in the Patient Tracking Monitor Installation and working diligently with IT to provide additional Patient Tracking Monitors within specific departments all around the center. Next month, we will feature all of the improvements throughout the medical center.

Our Global Reach Operation Lifeline, Haiti

By Dr. Alan Goldsmith, President

During the most recent mission (July 11-15th), a major advancement took place regarding the land necessary for the medical center and children's safe haven/school that we will be building with our project partners. A deed was obtained, finalizing the donation of a large parcel of land to the JRF from the municipal government of Léogâne. Seizing another

opportunity, the JRF and Police Commissioner Justin Marc, in charge of the Airport in Port-au-Prince, have committed to funding a small elementary school for 1 year. The Tabarre School operates out of a plywood room, with no electricity, and provides education to 40 children, ages 5-9, all who live in a tent city. The school "adoption" came about when two Haitian Police Commissioners,



who were assisting the mission, explained how they had been paying personally for the operation of the school for the past several months.

